

07 / IPL FOR ACNE, HYPERPIGMENTATION & VASCULAR LESIONS

Medical IPL uses filtered broad-spectrum light to target selected chromophores. Depending on indication, it can be directed toward inflammatory acne, melanin-containing pigmentation or superficial vascular structures. Parameters are individualized to indication and skin type.

- Avoid tanning and self-tanning. Inform the physician about photosensitizing medication, active infection, herpes, recent peel or laser treatment and relevant pigmentation disorders.
- Arrive with clean skin and without make-up in the treatment area. Do not treat sunburned or markedly irritated skin.
- After treatment, mild redness, warmth and edema can occur. Pigmented lesions may temporarily darken before fading; vascular lesions may temporarily appear darker or more visible.
- Use SPF 50+ consistently and minimize direct sun. Do not pick, scratch or mechanically remove darkened pigment or small crusts.
- Avoid strong exfoliation and aggressive cosmetic procedures while the skin remains sensitized. Contact the clinic for blistering, severe pain, extensive swelling, infection signs or significant unexpected pigmentation.

DISCLAIMER: These protocols are provided for general information only. Every treatment and aftercare recommendation is individual. Always follow the specific instructions given personally by your treating doctor. This information is not a substitute for an individual medical consultation or medical advice.